

Menu Listing with Traffic Lights and Allergens

Vicki.Beaulah@educatering.uk

Littleham Primary September 26 Week 1 Day 5

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Salmon Fingers	894.3	NONE 213.8	NONE 14.3	NONE 1.7	NONE 12.8		✓			✓									
Primary Vegetable Nuggets	494.6	NONE 118.2	NONE 5.5	NONE 0.5	NONE 14.4		✓												
Primary Chips	502.1	NONE 120.0	NONE 2.5	NONE 1.3	NONE 20.0														
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2														
Primary Shortbread Biscuit	947.7	NONE 226.5	NONE 12.0	NONE 4.9	NONE 28.6		✓												?
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					
Primary Tomato Ketchup Portion	21.8	NONE 5.2	NONE 0.0	NONE 0.0	NONE 1.1														

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 1 Day 1

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Sausage Roll (Bought in)	1038.7	NONE 248.3	NONE 14.0	NONE 6.6	NONE 26.6		✓					✓							
Primary Vegan Sausage Roll (Bought in cut in half)	791.4	NONE 189.2	NONE 12.2	NONE 6.5	NONE 16.6		✓					?							✓
Primary Potato Wedges (Bought In)	543.9	NONE 130.0	NONE 3.0	NONE 0.4	NONE 22.0														
Primary Sweetcorn	195.8	NONE 46.8	NONE 1.1	NONE 0.2	NONE 6.6														
Primary Bananas & Custard	461.2	NONE 110.2	NONE 0.6	NONE 0.4	NONE 26.2							✓							
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					
Primary Coleslaw (Hand Cut)	337.9	NONE 80.8	NONE 7.2	NONE 0.6	NONE 3.3				✓					?					

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 1 Day 2

Legend

- ✓ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Margherita Pizza	1049.7	NONE 250.9	NONE 9.9	NONE 4.0	NONE 29.9		✓					✓						✓	?
Primary Roasted Vegetable Quiche	1247.2	NONE 298.1	NONE 19.4	NONE 8.0	NONE 20.7		✓		✓			✓							
Primary Tomato & Pasta Salad	1003.4	NONE 239.8	NONE 1.9	NONE 0.3	NONE 46.1		✓											✓	
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2														
Primary Jam & Coconut Sponge	988.9	NONE 236.4	NONE 14.3	NONE 1.4	NONE 24.9	!	✓	!	✓	!	!	!	!	!	!	!	!	!	!
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 1 Day 3

Legend

- ✓ Contains
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! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Roast Chicken & Gravy	341.5	NONE 81.6	NONE 0.8	NONE 0.2	NONE 1.4														
Primary Roasted Vegetable & Lentil Tartlet	841.4	NONE 201.1	NONE 10.8	NONE 5.5	NONE 21.3		✓				?			?				✓	?
Primary Roast Potatoes (Handcut)	533.5	NONE 127.5	NONE 7.7	NONE 0.6	NONE 13.8														
Primary Carrots (Hand cut)	87.9	NONE 21.0	NONE 0.2	NONE 0.1	NONE 4.7														
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9														
Primary Melon & Orange Wedges	91.3	NONE 21.8	NONE 0.2	NONE 0.0	NONE 5.0														
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 1 Day 4

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary West Country Brunch	1754.8	NONE 419.4	NONE 24.1	NONE 7.1	NONE 30.5													✓	
Primary Vegetarian Brunch	1194.8	NONE 285.6	NONE 10.6	NONE 2.0	NONE 31.7		✓												
Primary Sweetcorn & Red Pepper Salad	152.8	NONE 36.5	NONE 0.8	NONE 0.2	NONE 5.5														
Primary Chocolate Brownie (Standard)	856.3	NONE 204.7	NONE 11.2	NONE 4.5	NONE 22.8		✓		✓										?
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓					?				

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 2 Day 2

Legend

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- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Chicken Katsu Curry	589.6	NONE 140.9	NONE 8.0	NONE 4.8	NONE 3.1														
Primary Lentil & Vegetable Curry	465.2	NONE 111.2	NONE 3.7	NONE 0.3	NONE 14.3		?							?					
Primary Naan Bread	240.1	NONE 57.4	NONE 1.3	NONE 0.1	NONE 9.8		✓												
Primary White & Wholegrain Rice	696.6	NONE 166.5	NONE 1.4	NONE 0.4	NONE 35.4														
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9														
Primary Apple & Blackberry Crumble with Custard	907.2	NONE 216.8	NONE 8.3	NONE 3.4	NONE 33.5		✓					✓							?
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

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Littleham Primary September 26 Week 2 Day 3

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Roast Devon Gammon & Gravy	377.5	NONE 90.2	NONE 4.6	NONE 1.5	NONE 1.4														
Primary Roast Quorn Fillet & Gravy	338.6	NONE 80.9	NONE 3.5	NONE 0.5	NONE 1.6		✓												
Primary Roast Potatoes (Handcut)	533.5	NONE 127.5	NONE 7.7	NONE 0.6	NONE 13.8														
Primary Orange Jelly Vegan	5.6	NONE 1.3	NONE 0.1	NONE 0.0	NONE 0.8														
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓					?				
Primary Carrots (Hand cut)	87.9	NONE 21.0	NONE 0.2	NONE 0.1	NONE 4.7														
Primary Broccoli	82.8	NONE 19.8	NONE 0.5	NONE 0.1	NONE 1.1														

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Devon Beef & Pork Bolognese	703.4	NONE 168.1	NONE 10.8	NONE 3.4	NONE 4.8													✓	
Secondary Vegan Mince Bolognese	535.3	NONE 127.9	NONE 4.6	NONE 0.5	NONE 9.9													✓	✓
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE 71.3	NONE 0.4	NONE 0.1	NONE 12.1							✓							
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					
Primary Fresh Fruit Platter	162.6	NONE 38.9	NONE 0.2	NONE 0.0	NONE 9.4														
Primary Spaghetti	677.8	NONE 162.0	NONE 0.6	NONE 0.1	NONE 32.9		✓							?					?
Primary Plain Penne Pasta	668.4	NONE 159.8	NONE 0.7	NONE 0.1	NONE 32.0		✓												

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9														

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Littleham Primary September 26 Week 2 Day 5

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Pepperoni Pizza Bun	726.5	NONE 173.7	NONE 9.7	NONE 5.1	NONE 12.8		✓					✓					?	✓	
Primary Spinach & Potato Spanish Omelette	611.7	NONE 146.2	NONE 6.5	NONE 1.7	NONE 14.2				✓			✓							
Primary Chips	502.1	NONE 120.0	NONE 2.5	NONE 1.3	NONE 20.0														
Primary Baked Beans	158.2	NONE 37.8	NONE 0.1	NONE 0.0	NONE 5.5														
Primary Oaty Cookie	982.5	NONE 234.8	NONE 9.5	NONE 3.8	NONE 35.6		✓												?
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					
Primary Tomato Ketchup Portion	21.8	NONE 5.2	NONE 0.0	NONE 0.0	NONE 1.1														

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Littleham Primary September 26 Week 2 Day 5

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Pasta with Cheese Sauce with Cheese or Ham	1553.0	NONE 371.2	NONE 15.2	NONE 6.8	NONE 42.2		✔					✔		✔					⚠

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 3 Day 1

Legend

- ✓ Contains
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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Tomato & Mozzarella Pasta Bake	1034.9	NONE 247.3	NONE 6.1	NONE 2.9	NONE 36.9		✓					✓						✓	
Primary Five Bean & Vegetable Enchilada	817.5	NONE 195.4	NONE 7.4	NONE 2.4	NONE 23.2		✓					✓		?				✓	
Primary Garlic Bread Slice	16.2	NONE 3.9	NONE 0.2	NONE 0.1	NONE 0.5		✓					?							?
Primary Sweetcorn	195.8	NONE 46.8	NONE 1.1	NONE 0.2	NONE 6.6														
Primary Ice Cream Pot	343.1	NONE 82.0	NONE 3.9	NONE 2.0	NONE 10.5							✓							
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 3 Day 2

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary SF Chicken Goujon Burger	1115.0	NONE 266.5	NONE 7.4	NONE 2.8	NONE 33.5	✓	✓		✓			✓		✓			?		
Primary Quorn Sausage Bap	820.1	NONE 196.0	NONE 3.4	NONE 1.0	NONE 26.3		✓										?		
Primary Potato Balls	732.2	NONE 175.0	NONE 5.5	NONE 0.7	NONE 27.5							?							
Primary Baked Beans	158.2	NONE 37.8	NONE 0.1	NONE 0.0	NONE 5.5														
Primary Apple & Blueberry Cake	1004.7	NONE 240.1	NONE 14.3	NONE 1.4	NONE 25.6		✓		✓										?
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 3 Day 3

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Devon Sausage Toad in the Hole & Gravy	753.5	NONE 180.1	NONE 13.2	NONE 4.9	NONE 5.8		✓		✓			✓						✓	
Primary Cauliflower, Leek & Cheese Bake	883.8	NONE 211.2	NONE 13.9	NONE 6.4	NONE 13.5		✓					✓		✓					?
Primary Roast Potatoes (Handcut)	533.5	NONE 127.5	NONE 7.7	NONE 0.6	NONE 13.8														
Primary Fine Green Beans	60.3	NONE 14.4	NONE 0.3	NONE 0.1	NONE 1.9														
Primary Carrots (Hand cut)	87.9	NONE 21.0	NONE 0.2	NONE 0.1	NONE 4.7														
Primary Strawberry Yoghurt (5L Pot)	298.1	NONE 71.3	NONE 0.4	NONE 0.1	NONE 12.1							✓							
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

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Littleham Primary September 26 Week 3 Day 3

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- Celery
- Cereals containing Gluten
- Crustaceans
- Eggs
- Fish
- Lupin
- Milk
- Molluscs
- Mustard
- Nuts
- Peanuts
- Sesame
- Sulphur Dioxide and Sulphites
- Soya

Description	Energy	Fat	Saturates	Sugars	Salt															
Primary Fresh Fruit Platter	162.6	NONE 38.9	NONE 0.2	NONE 0.0	NONE 9.4															

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 3 Day 4

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Devon Beef Cottage Pie	1137.2	NONE 271.8	NONE 15.2	NONE 5.4	NONE 19.7													✓	
Primary Cheesy Potato Wheels	1345.1	NONE 321.5	NONE 20.3	NONE 9.1	NONE 28.1		✓				?	✓		?					?
Primary Broccoli	82.8	NONE 19.8	NONE 0.5	NONE 0.1	NONE 1.1														
Primary Cauliflower	38.5	NONE 9.2	NONE 0.2	NONE 0.1	NONE 0.8														
Primary Flapjack	905.8	NONE 216.5	NONE 10.9	NONE 4.0	NONE 25.5		✓												
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

Menu Listing with Traffic Lights and Allergens

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Littleham Primary September 26 Week 3 Day 5

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Breaded Fish	522.2	NONE 124.8	NONE 4.7	NONE 0.3	NONE 13.8					✓									
Primary Vegetable Wrap with Garlic Mayonnaise	617.7	NONE 147.6	NONE 8.2	NONE 1.2	NONE 15.6		✓		✓					?					
Primary Chips	502.1	NONE 120.0	NONE 2.5	NONE 1.3	NONE 20.0														
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2														
Primary Jammy Biscuit	880.6	NONE 210.5	NONE 5.7	NONE 2.2	NONE 38.0		✓		✓										?
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					

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Littleham September week 2 day 1

Legend

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Description	Energy	Fat	Saturates	Sugars	Salt	Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Macaroni Cheese	1479kJ 354kcal	MED 14g	HIGH 6.4g	LOW 5.8g	MED 0.92g		✓					✓		✓					?
Primary Pasta with Tomato Sauce	779.6	NONE 186.3	NONE 1.7	NONE 0.2	NONE 35.7		✓											✓	
Primary Garlic Bread Slice	16.2	NONE 3.9	NONE 0.2	NONE 0.1	NONE 0.5		✓					?							?
Primary Peas	148.1	NONE 35.4	NONE 0.5	NONE 0.1	NONE 3.2														
Primary Strawberry Mousse	35.2	NONE 8.4	NONE 0.2	NONE 0.2	NONE 1.2							✓							
Primary Jacket Potato with Beans & Salad	965.5	NONE 230.8	NONE 0.7	NONE 0.0	NONE 49.4														
Primary Jacket Potato with Cheese & Salad	1259.2	NONE 301.0	NONE 9.5	NONE 4.5	NONE 45.4							✓							
Primary Jacket Potato with Tuna Mayonnaise & Salad	1296.1	NONE 309.8	NONE 8.2	NONE 0.7	NONE 44.1				✓	✓				?					